PLANT FACT SHEET

Malva trimestris (L.) Salisb.

GENUS *Malva* **FAMILY** Malvaceae

COMMON NAMES Annual mallow, Regal mallow, Rose mallow, Royal mallow

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves and young plants are eaten raw or cooked.
They are also roasted and powdered.
The flowers are eaten.

DESCRIPTION

An annual upright bushy plant. It grows 60-90 cm high and 35-45 cm wide. It has few branches. The leaf stalk is 3-7 cm long. The leaf blade is kidney shaped and 2-5 cm long by 2.5-7 cm wide. The leaves are mid-green and lobed. Flowers are single and in the axils of leaves. The flowers are open and funnel-shaped. They are 8-10 cm across. Flowers can be pink, red or white.

HABITAT

It is a warm temperate plant. It is frost hardy. It is grown in N China. It suits hardiness zones 8-10.

NOTES

There are about 25 Lavatera species.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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