PLANT FACT SHEET

Ambrosia maritima L.

GENUS *Ambrosia* **FAMILY** Asteraceae

COMMON NAMES Sea ambrosia

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used to flavour soup.

DESCRIPTION

A herb. It has a woody rootstock and can last a few years. It grows 1 m high. The stems have lines along them. The flowers are small and greenish-yellow.

HABITAT

A tropical plant. It grows in open spaces and near rivers.

NOTES

Many plants in this genus cause hay fever and asthma.

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