PLANT FACT SHEET

Alpinia shimadae Hayata

GENUS *Alpinia* **FAMILY** Zingiberaceae

DESCRIPTION

A ginger family herb. The false stems are 1-2 m tall. The leaves have short stalks. The leaf blade is narrowly sword shaped. The spike is cylinder shaped and 12-15 cm long. The flowers are dense along it. The fruit capsule is round and 1.3 cm across.

HABITAT

It is a tropical plant. It grows in mountain regions between 400-800 m above sea level.

REFERENCES

Chen, I., et al, 2008, Antioxidant and Antimicrobial Activities of Zingiberaceae Plants in Taiwan. Plant Foods for Human Nutritition, 63:15-20

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d9c38f50-1275-4c72-aa72-e4044f73add3