PLANT FACT SHEET

Cantharellus cibarius L.:Fries

GENUS *Cantharellus* **FAMILY** Cantharellaceae

COMMON NAMES Chanterelle, Golden chanterelle

EDIBLE PARTS AND USES

Edible parts: Fungus, Spice, Mushroom, Vegetable

The fruiting body is eaten steamed or blanched with rice. They can be preserved in oil.
It is also dried for later use. The dried powder is sprinkled on omelettes, salads, pastas, soups etc.
The fruiting bodies are used in stews, soups, omelettes, grain dishes, sauces and sauteed in butter or oil.

DESCRIPTION

A mushroom. It grows on rotting logs and mossy ground under leafy trees. The cap is shallow in the middle and smooth. It is funnel shaped and sunken in the middle and wavy at the edge. It is 3-7.5 cm across. What look like gills are forked ridges that extend down the stem. The stalk is 4 cm long and 1-2.5 cm across. It is light yellow. The fresh fungus smells of apricot.

HABITAT

It can grow in tropical and temperate places. It grows on rotting logs in deciduous forest. It is eaten by the Dani in Papua Indonesia. It can grow on termite mounds. It grows in Miombo woodland. In Yunnan.

PRODUCTION

Cultivation

It is harvested from the wild.

PICTURES



Credit: Food Plants International (Bruce French)

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