PLANT FACT SHEET

Salicornia virginica L.

GENUS *Salicornia* **FAMILY** Amaranthaceae

COMMON NAMES Virginia glasswort, Beach asparagus

EDIBLE PARTS AND USES

Edible parts: Leaves

The fleshy stems are used for food. They are cooked or pickled.

DESCRIPTION

A fleshy herb. It is succulent and keeps growing from year to year. It can be 30 cm tall. The flowers are small and greenish and in clusters at the top of the plant. These turn red as they ripen.

HABITAT

It is a tropical plant. It grows in marshes and along beaches. It can tolerate salt water.

NOTES

Also put in the family Chenopodiaceae.

REFERENCES

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Sp. pl. 1:4. 1753 "virginia" - non S. virginica auct. (= Sarcocornia perennis (Mill.) A. J. Scott)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d9fef706-a2ca-4717-9ea4-f5e86eb6db5d