PLANT FACT SHEET

Sphaeranthus africanus L.

GENUS *Sphaeranthus* **FAMILY** Asteraceae

COMMON NAMES East Indian globe thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It grows in wet places.

NOTES

It is used as medicine.

REFERENCES

Kuhnlein, H. V., et al, 2009, Indigenous Peoples' food systems. FAO Rome p 172

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/da00973c-b58d-424c-8227-75f55d20c474