PLANT FACT SHEET

Rumfordia penninervis S. F. Blake

GENUS *Rumfordia* **FAMILY** Asteraceae

COMMON NAMES Mexican daisy bush

EDIBLE PARTS AND USES

Edible parts: Leaves

Leaves used for tea.

DESCRIPTION

A herb. It keeps growing from year to year. It can grow 3-5 m tall and 2-3 m wide. It has broad leaves. The flowers are yellow.

HABITAT

A tropical plant.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 4778

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/da21008c-b302-4144-8c09-9278e8d487f2