PLANT FACT SHEET

Lactuca schweinfurthii Oliv. & Hiern.

GENUS *Lactuca* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 348

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/da26897a-9e06-4719-aa74-44eb820bf4bd