PLANT FACT SHEET

Echinops setifer Iljin.

GENUS *Echinops* **FAMILY** Asteraceae

COMMON NAMES Giant Globe Thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 1-2 m tall. It keeps growing from year to year. The stems are single and greyish white. There are hairs near the base. The leaves are whitish underneath. The leaves are narrowly oval and 15-25 cm long by 7-14 cm wide. They are twice divided with 5-7 pairs of segments.

HABITAT

It is a temperate plant. It grows on mountain slopes.

NOTES

There are more than 100 Echinops species.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/da333382-ce43-42f1-bf87-b2af60c6f88f