PLANT FACT SHEET

Adinandra nitida Merr. ex H. L. Li

GENUS *Adinandra* **FAMILY** Pentaphylacaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A shrub or small tree. It grows 4-20 m tall. The leaves are oblong and and 7-13 cm long by 3-4 cm wide. They are thickly leathery. They are pale green underneath. The flowers occur singly in the axils of leaves. The petals are white. The fruit are yellow to orange when mature. They are round and 1.5 cm across. There are many seeds.

HABITAT

It is a tropical plant. It grows in forests on mountain slopes and along streams between 500-1,000 m above sea level.

PRODUCTION

Harvesting and Seed Production

In China plants flower in June to July and fruit in September to October.

NOTES

Also put in the family Theaceae.

REFERENCES

NYBG herbarium 'edible"

Yuan, E., et al, 2009, Preparative separation of flavenoids in Adinandra nitida leaves by high speed counter-curent chromatography and their effects on human epidermal carcinoma cancer cells. Food Chemistry 115: 1158-1163

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/da4900c0-2201-4aab-8a89-cbc7f93e6afd