PLANT FACT SHEET

Ammandra decasperma O. F. Cook

GENUS *Ammandra* **FAMILY** Arecaceae

COMMON NAMES Ten seed ammandra

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The immature layer of the fruit is eaten.

DESCRIPTION

A palm. It has short stems. They can be underground or above ground. They can be creeping. The palm can be solitary or in clusters of up to 6. There are 6-10 leaves. They are erect. The leaf stalk is 3.5 m long. The axis of the leaf is also about 3.5 m long. There are 40-58 leaflets on each side. They are arranged regularly and spread in the same plane. The flowering stalk is at ground level. It is often covered with litter. The fruiting heads are 25 cm across. There are 3-10 fruit. They have woody projections.

HABITAT

It is a tropical plant. They grow in lowland rainforest below 200 m altitude.

NOTES

There are 2 Ammandra species.

REFERENCES

Grandtner, M. M. & Chevrette, J., 2013, Dictionary of Trees, Volume 2: South America: Nomenclature, Taxonomy and Ecology. Academic Press p 28

Henderson, A., Galeano, G and Bernal, R., 1995, Field Guide to the Palms of the Americas. Princeton. p 239

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 57 (Also as Ammandra dasyneura)

Kew Plants of the World Online

Marcia, M. J., et al, 2011, Palm Uses in Northwestern South America: A Quantitative Review. Bot. Rev. (2011) 77:462-570

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 193 (As Ammandra dasyneura)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/da50977d-7643-4b14-b955-2c0dfdb74448