PLANT FACT SHEET

Corispermum mongolicum Iljin

GENUS *Corispermum* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

https://en.wikipedia.org/wiki/List of wild edible plants in Mongolian cuisine

Zhang, Y., et al, Yunatov's Records of Wild Edible Plant Used by the Mongols in Mongolia During 1940-1951: Ethnobotanical Arrangements and Discussions. Inner Mongolia Normal University. p 6

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/daaa1d77-cb1d-4da0-bbde-1137cdaf2762