PLANT FACT SHEET

Ceropegia racemosa N. E. Br.

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The root tuber is eaten raw or cooked.

DESCRIPTION

A herb with a tuberous rootstock. It has 1 or more climbing stems. They twine around other plants. The leaves are narrowly sword shaped and 8 cm long by 1 cm wide. The base is rounded and it tapers to the tip. The edges have small hairs. The flowers are on loose long stalks.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics. It has been recorded at 1,500 m above sea level.

REFERENCES

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dab671cd-f941-4ac5-8bea-27d7cf1d3af6