PLANT FACT SHEET

Cyphostemma congestum (Baker) Desc. ex Wild & R. B. Drumm.

GENUS *Cyphostemma* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Roots - flavouring

The roots are used for flavouring.

DESCRIPTION

A climbing herb. It grows 2-3 m long. It has a tuberous rootstock. The stems have lines along them and are hairy. It has tendrils. The leaves are fleshy and have 3-5 leaflets. They are narrow and 1-12 cm long by 0.7-5 cm wide. They are wedge shaped at the base and rounded at the tip. There are teeth along the edge. The fruit are oval and red. They are 6.5-8 mm long by 4.5-5 mm wide. They are hairy.

HABITAT

It is a subtropical plant.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dabc3e46-68f9-465e-bdbc-66f5024c44c4