PLANT FACT SHEET

# *Frankenia hirsuta* L.

**GENUS** *Frankenia* **FAMILY** Frankeniaceae

**COMMON NAMES** Hairy sea heath

## EDIBLE PARTS AND USES

**Edible parts:** Leaves - flavouring

The leaves are used as a condiment with clarified butter.

## DESCRIPTION

A tree. It grows 17-40 cm tall. It is covered with hairs. The leaves are small and 2-8 mm long. The flowers are white or pink with 5 petals. The fruit is a 3 angled capsule. It is 2.5-3 mm long.

## HABITAT

It is a Mediterranean to subtropical plant. It grows in the desert.

## NOTES

Medicine.

## REFERENCES

Bailey, C. and Danin, A., 1981, Bedouin Plant Utilization in Sinai and the Negev. Economic Botany 35(2): 145-162 (As Frankenia revoluta)

Bidak, L. M., et al, 2015, Goods and services provided by native plants in desert ecosystems: Examples from the northwestern coastal desert of Egypt. Global Ecology and Conservation 3 (2015) 433–447 (As Frankenia revoluta)

**PROVIDED BY** **Food Plants International**

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/db0dc7bc-7f6b-4fa6-95e3-1638f0a9a798