PLANT FACT SHEET

Buckollia volubilis (Schltr.) Venter & R. L. Verh.

GENUS *Buckollia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The root is eaten raw.
It is also pounded and added to drinking water to improve milk supply.

DESCRIPTION

A vine. The stems can be 4 m long. It has a tuberous root. The leaves are clustered on stunted side shoots and opposite on normal shoots. The leaves are broadly oval and 3.5-5 cm long by 1-1.5 cm wide. They are hairy.

HABITAT

It is a tropical plant. It grows between 400-1,300 m above sea level.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/db1541e0-e85f-41e2-8767-b3c412b2366a