PLANT FACT SHEET

Oxalis frutescens L.

GENUS *Oxalis* **FAMILY** Oxalidaceae

COMMON NAMES Shrubby Wood-sorrel

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw or cooked. It is best to cook them and to change the cooking water to remove oxalates.

DESCRIPTION

A herb or small shrub. It can grow 30 cm - 1 m tall. The leaves are alternate and have 3 leaflets. The flowers are yellow.

HABITAT

A tropical plant. In Argentina it grows below 500 m above sea level. It suits the seasonally dry tropics.

NOTES

There are about 500 Oxalis species.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 457 (Also as Oxalis plumieri)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/db1739c2-78ea-44ee-aa39-e36bea8f2f1d