PLANT FACT SHEET

Aframomum sulcatum (Oliv. et Hanb. ex Baker) K. Schum.

GENUS *Aframomum* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - flavouring

The pulp of the fruit is eaten raw.
The leaves are dried and used for flavouring.

DESCRIPTION

A ginger family plant. It has a slender rhizome and a very short flower stalk. The leafy stems grow 4 m tall. They have a reddish tinge. The flowers are pale red to orange-yellow. The fruit have narrow grooves and are edible. The seeds are shiny.

HABITAT

It is a tropical plant. It grows in forest and forest clearings.

NOTES

There are about 50 Aframomum species.

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