PLANT FACT SHEET

Abelmoschus manihot var. pungens (Roxb.) Hochr.

GENUS *Abelmoschus* **FAMILY** Malvaceae

COMMON NAMES Kabasi

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The long tuberous roots are sweet and are eaten.
The leaves are cooked as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant. It grows on open grassy slopes in India between 1000-1500 m altitude. In southern China between 1,000-1,200 m above sea level.

NOTES

There are about 15 Abelmoschus species. They are tropical and subtropical.

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