PLANT FACT SHEET

Barringtonia acutangula subsp. spicata Blume

GENUS *Barringtonia* **FAMILY** Lecythidaceae

COMMON NAMES Putat nasi

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten. They are often eaten with fish.

DESCRIPTION

A shrub or tree. It grows 3-18 m tall. The trunk is straight and branched near the base. The smaller branches are thick and crooked and angular. The leaves are alternate with short stalks. The leaves are oblong or sword shaped. They are 6-25 cm long by 2-10 cm wide. They have teeth around the edge. The flowers are pink and without stalks. They are in slender spikes.

HABITAT

A tropical plant. In Java it grows in the lowlands and to 400 m above sea level. It is often near water.

NOTES

There are about 40 Barringtonia species.

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