PLANT FACT SHEET

Bidens laevis (L.) Britton, Sterns & Poggenb.

GENUS *Bidens* **FAMILY** Asteraceae

COMMON NAMES Smooth beggartick

EDIBLE PARTS AND USES

Edible parts: Flowers - tea, Leaves - tea

DESCRIPTION

A herb. It grows 30-120 cm tall. The leaves are opposite and without stalks. They are sword shaped and 5-15 cm long by 2-3 cm wide.

HABITAT

It is a subtropical and tropical plant.

REFERENCES

Malezas Comestibles del Cono Sur, INTA, 2009, Buernos Aires

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dba67d9e-18a8-4a82-b218-fe45d1807717