PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Food Plants International: Corm - caution

Arisaema erubescens (Wall.) Schott

GENUS *Arisaema* **FAMILY** Araceae

COMMON NAMES Blushing cobra lily

EDIBLE PARTS AND USES

Edible parts: Leaves, Corm, Root, Flowers, Stem

The young leaves are cooked and eaten in stir fried dishes. They are boiled and dried then cooked as a vegetable.
The corm is repeatedly boiled then eaten.

DESCRIPTION

A herb. It is a taro family plant. The tuber is round and flattened and 2-7 cm across. There is one leaf. The leaf stalk is 100 cm long by 2 cm wide. There are 18-23 leaflets spread out in a ring. They are narrowly oval and 16-28 cm long by 2-20 mm wide. The flower stalk is 75 cm long. The fruit are red berries.

HABITAT

It is a tropical plant. It grows in pine and mixed forests and on grassy slopes and lake sides below 3,200 m above sea level. It grows in Yunnan in China.

PRODUCTION

Harvesting and Seed Production

In Yunnan the leaves are harvested in June and July.

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