PLANT FACT SHEET

Salvia potus Epling

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Chia

EDIBLE PARTS AND USES

Edible parts: Leaves, Oil

It is used to make a drink.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

NOTES

There are about 900 Salvia species.

REFERENCES

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Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 610

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dbe52745-0c70-4601-8b6f-7bddc0bc3f53