PLANT FACT SHEET

Adenia cardiophylla (Mast.) Engl.

GENUS *Adenia* **FAMILY** Passifloraceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves, Fruit

The young stems and leaves are eaten in salads.
The young fruit are pickled an used as a flavouring.

DESCRIPTION

A vine or creeper. It can grow 24 m long. The stems are 8 cm across. The internodes are 5-15 cm long. The tendrils are 20 cm long. The leaves are heart shaped with 3 lobes. They are 7-25 cm long by 5-19 cm wide.

HABITAT

It is a subtropical plant.

REFERENCES

Cao, Y., et al, 2020, Ethnobotanical study on wild edible plants used by three trans-boundary ethnic groups in Jiangcheng County, Pu'er, Southwest China. Journal of Ethnobiology and Ethnomedicine (2020) 16:66

Chaiyong, S., et al, 2023, Uncovering the ethnobotanical importance of community forests in Chai Nat Province, Central Thailand. BIODIVERSITAS 24 (4): 2052-2063

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dbf343b7-ec9f-48b6-a02d-85b690a89c54