PLANT FACT SHEET

Ulva reticulata Forsskal

GENUS *Ulva* **FAMILY** Ulvaceae

EDIBLE PARTS AND USES

Edible parts: Seaweed, Fronds

The fronds are eaten in salads.

DESCRIPTION

A red seaweed.

HABITAT

It grows in tropical and temperate places.

REFERENCES

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Pereira, L., 2011, A Review of the Nutrient Composition of Selected Edible Seaweeds. In Seaweed. Pomin V. H., (Ed.) Nova Science Publishers, Inc

Wang, Wei-Lung and Chiang, Young-Meng, 1994, Potential Economic Seaweeds of Hengchun Peninsula, Taiwan, Economic Botany, Vol. 48, No. 2, pp. 182-189

Zemke-White, W. L. & Ohno, M., 1999, World seaweed utilisation: An end-of-century summary. Journal of Applied Phycology 11: 369-376

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc0be493-2bab-438f-9376-a4764e791b8e