PLANT FACT SHEET

Etlingera coccinea (Blume) S. Sakai & Nagam.

GENUS *Etlingera* **FAMILY** Zingiberaceae

COMMON NAMES Tepus

EDIBLE PARTS AND USES

Edible parts: Pith - vegetable, Spice, Fruit, Seeds

The pith of the leafy shoot id used for flavouring and eaten as a vegetable.
The fruit are edible. It is eaten as a pickle.

DESCRIPTION

A ginger family herb. It grows 3-7 m high. Each shoot has 30 large leaves that can be 110 cm long by 20 cm wide. The flowering shoots open and ground level and can have several bright red flowers. These have yellow edges. The flowers have a spicy smell.

HABITAT

It is a tropical plant. It suits the wet tropics. It has been recorded at 300-1,400 m above sea level.

PRODUCTION

Cultivation

It can be grown by seeds.

REFERENCES

Poulsen, A. D., 2006, Gingers of Sarawak. Natural History Publications, Borneo. p 49

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc22d848-1dc4-4bfc-b7d0-5f7a43494cac