PLANT FACT SHEET

Distimake quinquefolius (L.) A. R. Simoes & Staples

GENUS *Distimake* **FAMILY** Convolvulaceae

COMMON NAMES Rock rosemary

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as greens.

DESCRIPTION

A creeping herb or vine. It can be creeping or climbing and twining. It grows 2-3 m long. The stems are slender and cylinder shaped. They can be red. The leaves are alternate and have 5 leaflets. The leaflets are 2-7 cm long by 1 cm wide. They are narrowly oval or sword shaped and there are teeth along the edge. The flowers are often single. The fruit are flattened round capsules.

HABITAT

It is a tropical plant. It grows at lower elevations.

REFERENCES

Jackes, B. R., 2010, Plants of Magnetic Island. 3rd Edition. James Cook University, Australia. p 49

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 534 (As Merremia quinquefolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc40dd7e-3b07-4e22-8fcf-5c2329bcc19f