PLANT FACT SHEET

Centrapalus pauciflorus (Willd.) H. Rob.

GENUS *Centrapalus* **FAMILY** Asteraceae

COMMON NAMES Bitterleaf

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

An erect annual herb. It can grow 1.5 m tall. The stems are straight and leafy.

HABITAT

It is a tropical plant. It grows in woodland and savannah woodland. It can grow in flooded rice crops and other disturbed areas.

NOTES

Possibly edible.
The seeds are used to extract an industrial oil.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 565 (As Vernonia galamensis)

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Molla, A., Ethiopian Plant Names. http://www.ethiopic.com/aplants.htm (As Vernonia galamensis)

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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew (As Vernonia galamensis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc4753da-aa99-4928-a1b6-9dcbc1725de4