PLANT FACT SHEET

Pilea mongolica Wedd.

GENUS *Pilea* **FAMILY** Urticaceae

COMMON NAMES Mongolian clearweed

EDIBLE PARTS AND USES

Edible parts: Leaves, Medicine

DESCRIPTION

A herb that grows each year from seed. The leaves have large teeth around the edge.

Possibly now Pilea pumila (L.) A. Gray.

HABITAT

It is a temperate plant. It grows in swamps.

NOTES

Medicine.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc4aeff4-b1eb-4358-90a9-6010d4d27768