PLANT FACT SHEET

Mucuna monosperma DC. ex Wight

GENUS *Mucuna* **FAMILY** Fabaceae

COMMON NAMES Negro bean

EDIBLE PARTS AND USES

Edible parts: Seeds, Pods

The seeds are roasted then eaten.
The young pods are cooked as a vegetable.

DESCRIPTION

A large woody climber. The leaves have 3 leaflets. The flowers are violet. They are in groups in the axils of leaves. The pods have wings and are covered with dark brown hairs. These hairs irritate the skin.

HABITAT

A tropical plant.

NOTES

There are about 100 Mucuna species. They grow in tropical places.

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