PLANT FACT SHEET

Nymphaea micrantha Guill. & Perr.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

COMMON NAMES Buragurudja

EDIBLE PARTS AND USES

Edible parts: Root, Fruit, Seeds

The fruit are eaten raw or cooked as a vegetable.

DESCRIPTION

A water lily. The flowers have white to bluish petals. There sepals are spotted.

HABITAT

It is a tropical plant. It grows in West Africa. It grows in wet grass savannah. It is in small lakes and pools. It can be in flooded rice.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 4. Kew.

Gallagher, D. E., 2010, Farming beyond the escarpment: Society, Environment, and Mobility in Precolonial Southeastern Burkina Faso. PhD University of Michigan.

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc755be2-94a4-484e-8dec-c1f4c34dbb2a