PLANT FACT SHEET

Enicostema axillare subsp. littorale (Blume) A. Raynal

GENUS *Enicostema* **FAMILY** Gentianaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are stir fried as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Chauhan, S. H., et al, 2018, Consumption patterns of wild edibles by the Vasavas: a case study from Gujarat, India. Journal of Ethnobiology and Ethnomedicine (2018) 14:5 (As Enicostema littorale)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc7b6815-49fd-4a38-a5bd-8719ea0182e9