PLANT FACT SHEET

Ophrys sphegodes subsp. taurica (Aggeenko) Soo ex E. Nelson

GENUS *Ophrys* **FAMILY** Orchidaceae

COMMON NAMES Breast orchid

EDIBLE PARTS AND USES

Edible parts: Bulb, Tuber, Root

The bulb or tuber is used to produce salep.

DESCRIPTION

An orchid. It grows 70 cm tall. The flowering shoots are lax and carry up to 18 flowers. The sepals and petals are olive green.

HABITAT

It is a temperate plant. It grows in alkaline soils.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement (As Ophrys mammosa)

Tekinsen, K. K., and Guner, A., 2010, Chemical composition and physicochemical properties of tubera salep produced from some Orchidaceae species. Food Chemistry 121: 468-1471 (As Ophrys mammosa)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc927066-419a-4e2e-a202-e88b9c10de7e