PLANT FACT SHEET

Ochthocharis dicellandroides (Gilg.) C. Hansen & Wickens

GENUS *Ochthocharis* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The young leaves are cooked as a leafy vegetable.

DESCRIPTION

A herb or shrub. It grows 1.5 m high.

HABITAT

It is a tropical plant. It grows in damp places in the forest zone in West Africa.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dc94379e-990f-4e4c-b604-925123958899