PLANT FACT SHEET

Callitriche stagnalis Scopoli

GENUS *Callitriche* **FAMILY** Plantaginaceae

COMMON NAMES Water starwort, Water chickweed

EDIBLE PARTS AND USES

Edible parts: Plant, Leaves

The whole plant is eaten.

DESCRIPTION

A small plant that grows in water. The branches are delicate and 10-20 cm long. The leaves are of 2 forms. The leaves under the water are narrow and 1 cm long by 1-2 mm wide. The floating leaves are 8 mm long by 5 mm wide. The flowers are small and naked. Male and female flowers are separate on the same plant. The fruit are nut-like. They separate into 4 winged, 1-seeded segments.

HABITAT

It is a subtropical plant.

NOTES

Also put in the family Callitrichaceae.

REFERENCES

Baker, M. L. & de Salas, M. F., 2012, A Census of the Vascular Plants of Tasmania. (On line)
Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 513

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