PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Scleromitrion neesianum (Arn.) Nandikar

GENUS *Scleromitrion* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten with rice.

DESCRIPTION

A herb. It is woody and lies along the ground. The stems are 4 angled. The leaves are simple and opposite. The leaves have short stalks. The leaves vary in size and shape. They are narrowly oval and 3-6 cm long by 1-2 cm wide. They are rough. The flowers are in clusters in the axils of leaves and do not have stalks. The lobes are spreading and white. The fruit is a capsule 3 mm long. It is oval. The seeds are dark brown and angled.

HABITAT

A tropical plant. It grows in moist deciduous forests.

NOTES

There are about 450 Hedyotis species.

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 259 (As Hedyotis nitida)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dcb83e37-e028-43ee-9c30-0c1c7ac691ba