PLANT FACT SHEET

Eriosema psoraleoides (Lam.) G. Don.

GENUS *Eriosema* **FAMILY** Fabaceae

COMMON NAMES Shrubby yellow eriosema, Canary pea

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit, Roots

The pods are picked when they are mature and have started to shrivel then the seeds are lightly boiled before eating.
The seeds are cooked with maize meal.

DESCRIPTION

A herb or shrub. It is tall and erect. It can be 2 m tall. There are dense grey hairs on the stems and under the leaves. The leaves have 3 leaflets. These are sword shaped and 6 cm long by 1.2 cm wide. They have a small tip. There are many flowers. These are close together on short flower shoots. They are yellow. The fruit are rough pods. They are 1.5 cm long by 8 mm wide.

HABITAT

A tropical plant. It grows below 1,950 m above sea level. It can grow in arid places.

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