PLANT FACT SHEET

Stephanomeria pauciflora (Torr.) A, Nelson

GENUS *Stephanomeria* **FAMILY** Asteraceae

COMMON NAMES Brownplume wire-lettuce

EDIBLE PARTS AND USES

Edible parts: Gum

The thick liquid is used as a chewing gum.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 544

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dcd2f109-92f1-452c-983d-c8fcab243191