PLANT FACT SHEET

Aralia chinensis L.

GENUS *Aralia* **FAMILY** Araliaceae

COMMON NAMES Chinese angelica tree

EDIBLE PARTS AND USES

Edible parts: Leaves, Buds

The young unfolding leaves are used as a potherb. They are used in stir fry dishes or eaten fresh.

DESCRIPTION

A tall shrub or small tree. It grows 9 m tall. It spreads about 9 m wide. It develops suckers freely. The leaves are up to 1 m long and are twice divided into leaflets along the stalk. The leaves are 0.6 m wide. The flowers are off-white. They are small but occur in large panicles. Some consider it a deciduous form of Aralia elata.

HABITAT

A temperate plant. It grows in warmer areas of China. It grows in wetlands. It suits hardiness zones 7-10. It grows in Yunnan and Sichuan.

PRODUCTION

Harvesting and Seed Production

In Yunnan they are picked in April and May.

NOTES

There are about 40-55 Aralia species.

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