PLANT FACT SHEET

Aconitum volubile Pall. ex Koelle

GENUS *Aconitum* **FAMILY** Ranunculaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

Caution: The plant is poisonous.
It has been reported that the dried leaves are eaten after cooking.
Caution: Drying often helps reduce poison. Don't eliminate this step!

DESCRIPTION

A perennial climber 2 m high.

HABITAT

It is a temperate plant. In northern China it grows on grassy slopes and the edges of forests between 200-1,000 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed or by division of clumps.

NOTES

There are about 100 Aconitum species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dcf2a16f-05f7-472e-901e-e94ca1ac1116