PLANT FACT SHEET

Machaerina sinclairii (Hook. f.) T. Koyama

GENUS *Machaerina* **FAMILY** Cyperaceae

COMMON NAMES Tuahara

EDIBLE PARTS AND USES

Edible parts: Pith

DESCRIPTION

A sedge.

HABITAT

It grows on open hillsides and mountain slopes.

REFERENCES

Crowe, A., 1997, A Field Guide to the Native Edible Plants of New Zealand. Penguin. p 159

Simpson, D. A. & Inglis, C. A., 2001, Cyperaceae of Economic, Ethnobotanical and Horticultural Importance: A checklist. Kew Bulletin Vol. 56, No. 2 (2001), p. 324

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dd18fe9d-d857-4430-b7b1-b503e99498ac