PLANT FACT SHEET

Plantago reniformis G. Beck

GENUS *Plantago* **FAMILY** Plantaginaceae

COMMON NAMES Ilirska bokvica

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A herb. The leaves are heart shaped with wavy edges.

HABITAT

It is a temperate plant.

REFERENCES

Redzic, S. J., 2006, Wild Edible Plants and their Traditional Use in the Human Nutrition in Bosnia-Herzegovina. Ecology of Food and Nutrition, 45:189-232

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dd91fc2b-967a-44c4-bd22-496163ce2552