PLANT FACT SHEET

Spigelia anthelmia L.

GENUS *Spigelia* **FAMILY** Loganiaceae

COMMON NAMES Pink root, Maryland pink

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An annual herb. The leaves are opposite and clasp the stem. The upper ones often form a ring. They are 3-12 cm long by 1-5 cm wide. They are oval to sword shaped.

HABITAT

It is a tropical plant.

NOTES

It is used as medicine.

REFERENCES

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science.

Dansi, A., et al, 2008, Traditional leafy vegetables and their use in the Benin Republic. Genet Resour Crop Evol (2008) 55:1239–1256

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ddbd20c3-8762-4f61-b3d0-8f68de809a21