PLANT FACT SHEET

# *Crepis capillaris* (L.) Wallr.

**GENUS** *Crepis* **FAMILY** Asteraceae

**COMMON NAMES** Smooth hawksbeard

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are eaten both raw and cooked. They are used in stews and soups.

## DESCRIPTION

An erect herb. It can grow each year from seed or take 2 years to complete its life-cycle. It grows 75 cm high. The upper leaves clasp the stem. The flowers are yellow.

## HABITAT

It grows in warm temperate places. In Argentina it grows up to 1,500 m above sea level. Tasmania Herbarium.

## PICTURES




Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

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