PLANT FACT SHEET

Gleichenia dicarpa R. Br.

GENUS *Gleichenia* **FAMILY** Gleicheniaceae

COMMON NAMES Pouched coral fern

EDIBLE PARTS AND USES

Edible parts: Fronds - drink

DESCRIPTION

A small fern. It has rhizomes or runners. It forms tangled groups of fronds in wet places. The fronds can be 2 m long with leaflets 4 cm long. The smallest ends have pinnules that are 1-1.5 mm long and the edges are curved. The fertile fronds have 2 spores within the pouches. They are yellow and darken as they ripen.

HABITAT

It can grow in tropical and temperate places. It often grows in damp sites near swamps. It can grow up to 900 m.

PRODUCTION

Cultivation

It can be grown from spores.

REFERENCES

Parham, H. B. R, 1940, Supplement to the Journal of the Polynesian Society No. 16. Fiji Plants: Their Name and Uses.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dde2d90d-90b8-46d2-bd8f-23c3e39e7a8f