PLANT FACT SHEET

Cardamine cordifolia A. Gray

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Heart-leafed bittercress

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A small herb. It has leaves at the base and alternate leaves up the stem. The leaves at the base are simple, and a broad heart shape. It is 45 cm tall. The leaves have leaf stalks. The flower petals are 7-12 mm long.

HABITAT

It grows in moist stream banks. In Canada it grows up to sub-alpine sites.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 216

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/dde449ff-4941-4fee-b2c0-4aa5ce05553f