PLANT FACT SHEET

Adenophora polyantha Nakai

GENUS *Adenophora* **FAMILY** Campanulaceae

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The leaves are fried or used in soup.

DESCRIPTION

A herb. It keeps growing from year to year. The stems are 20-100 cm tall. The leaves at the base are kidney shaped. The leaves on the stem are without stalks and narrowly sword shaped. They are 2-10 cm long by 1-3 cm wide. There are teeth along the edge. The flowers are purple or dark blue.

HABITAT

It is a temperate plant. It grows in northern China and Inner Mongolia. It grows in sunny grassy places below 2,000 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ddf17b7b-8387-4d4c-9d02-c58c3761e7c8