PLANT FACT SHEET

Filipendula vulgaris Moench.

GENUS *Filipendula* **FAMILY** Rosaceae

COMMON NAMES Dropwort

EDIBLE PARTS AND USES

Edible parts: Tubers, Roots, Leaves, Sap - roots

The young leaves are used in soups and salads.
The tubers are roasted and eaten in times of food shortage. They are added to bread.

DESCRIPTION

A herb. It grows 60-90 cm high. It spreads 45 cm wide. It forms clumps. It has tubers. The leaves are fine and feathery or carrot like. The flowers are white and in crowded heads.

HABITAT

It is a temperate plant. It suits hardiness zones 3-9.

NOTES

There are about 10 Filipendula species.

PICTURES



Credit: Food Plants International (Bruce French)

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