PLANT FACT SHEET

Ocimum x africanum Lour.

GENUS *Ocimum* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

The leaves are used as a vegetable. They also are a spice.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. In Yunnan.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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Maghirang, R. G., et al, 2018. Ethnobotanical Studies of Some Plants Commonly Used as Vegetables in Selected Provinces of the Philippines. Journal of Nature Studies. 17(2), 30-43. (As Ocimum citriodorum)

Mawunu, M., et al, 2022, Ethnobotanical uses of wild edible plants of Mucuba municipality, Angola. Natural Resources for Human Health. 2022, 0:1-10

Sukenti, K., et al, 2016, Ethnobotanical study on local cuisine of the Sasak tribe in Lombok Island, Indonesia. Journal of Ethnic Foods. 3 (2016) 189-200 p 198 (As Ocimum basilicum var. anisatum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/de060c3b-deff-4447-a105-7ea84d1298e0