PLANT FACT SHEET

Crassocephalum vitellinum (Benth.) S. Moore

GENUS *Crassocephalum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cut then cooked and eaten. They are cooked with fish and dried meat but not with raw meat.

DESCRIPTION

A herb.

HABITAT

A tropical plant.

NOTES

There are about 25 Crassocephalum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/de07f1ff-ea29-49a2-9025-e47a58890df6